



SLPCC

## Skills Assessment for a 2.5 Rating

Name \_\_\_\_\_ Current Rating \_\_\_\_\_ Date \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Evaluator \_\_\_\_\_

### Serve

Evaluate legal and good into proper service area of court							Y	N
Serves right side <b>3 of 5</b> good serves	1	2	3	4	5			
Serves left side <b>3 of 5</b> good serves	1	2	3	4	5			

### Return of Serve: feeder serves a good serve into proper area

Evaluate return landing in opponent's court							Y	N
Return Serves Right side <b>3 of 5</b> in opponents court	1	2	3	4	5			
Return Serves Left side <b>3 of 5</b> in opponents court	1	2	3	4	5			

### Forehand from right side **transition** area off bounce: feeder opponent transition area

Evaluate proper swing and striking the ball with control, pace & placement							Y	N
Forehand straight across <b>3 of 5</b> landing right of middle line	1	2	3	4	5			
Forehand cross court <b>3 of 5</b> landing left side of middle line	1	2	3	4	5			

### Backhand/Ambidexters from left side **transition** area feeder opponent transition area

Evaluate proper swing and striking the ball with control, pace & placement							Y	N
Return straight across <b>3 of 5</b> landing left side of middle line	1	2	3	4	5			
Return cross court <b>3 of 5</b> landing right side of middle line	1	2	3	4	5			

### Punch & Block Volley from NVZ: feeder in back half of court

Evaluate hitting into proper areas listed							Y	N
Forehand punch <b>2 of 5</b> to transition area	1	2	3	4	5			
Backhand punch <b>2 of 5</b> to transition area	1	2	3	4	5			
Forehand block <b>3 of 5</b> into NVZ with 5" beyond given credit	1	2	3	4	5			
Backhand block <b>3 of 5</b> into NVZ with 5" beyond given credit	1	2	3	4	5			

### Dinking two attempts to do a short rally of 4 dinks in each area with feeder

Evaluate ability to sustain a dink rally with control							Y	N
Forehand dinking attempt 1 attempt 2								
Backhand dinking attempt 1 attempt 2								

Evaluator's Sign: \_\_\_\_\_ Pass \_\_\_\_\_ Player's Sign \_\_\_\_\_

Comments \_\_\_\_\_

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